

6 Ways You Can Stir Up Hunger & Thirst for God

1. MISS IT

‘I have come to realize that the real tragedy in the church is not spiritual famine: it is famine without hunger, dryness without thirst.’ Helen Calder

2. PRAY FOR IT

Even the desire to seek God is a gift from Him (John 6:44). When we pray for spiritual hunger, we are praying in accordance with God’s will. He wants us to be hungry for Him. (Matthew 5:6). It is a prayer God loves to answer.

3. RECALL IT

Jesus told the Ephesian church, ‘*You have forsaken your first love. Remember the height from which you have fallen*’ (Revelation 2:4-5)

You can stir up a desire for God by remembering a time when you were pursuing God and experiencing intimacy in your life with Him.

4. CATCH IT

Spiritual hunger is contagious. Get around hungry people, or people who are further on in the journey than you. *The Lord’s People in the Lord’s House on the Lord’s Day.*

Enthusiastically participate in your LIFE Group.

5. HEAR IT

Worship can help impart hunger to you.

6. ACT ON IT

‘*Taste and see that the Lord is good.*’ Ps 34:8 With the little sense of need that you have, pursue God. You will learn that the more you encounter His presence, the more you will hunger for more. You will discover that no matter how much you long for God, and how much you hunger for Him, His desire for you is greater.