

LIFE Group Leader Handout

February 28, 2016

Message: *Why Some Christians Cannot Grow, Part 5*

Pastor Ayars

Scripture—Phil 2:3-11

3 Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. 4 Let each of you look not only to his own interests, but also to the interests of others. 5 Have this mind among yourselves, which is yours in Christ Jesus,[a] 6 who, though he was in the form of God, did not count equality with God a thing to be grasped, 7 but emptied himself, by taking the form of a servant,[b] being born in the likeness of men. 8 And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. 9 Therefore God has highly exalted him and bestowed on him the name that is above every name, 10 so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, 11 and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

Main Idea— As we give things over to God, He will do more with them than we ever could— and He will give us peace over our anger and resentment.

A recap: So far, 3 of the ways to humbling ourselves before God:

1) Confession; 2) Forgiving others; 3) Submitting to Authority

The Fourth Way: By surrendering our rights.

How do you give things over to God? 1) Recall what is making you angry; 2) List your rights that others are violating; 3) Transfer your rights to God; 4) Purpose to thank God whatever happens; 5) Use future anger as God's alarm system to remind you of other rights still needing to be yielded to Him.

Application:

What is the “pineapple” in your life that you have to give over to God? Your health? Plans? Job? Etc...